

**Dr. Elaine Brady**  
Certified Sex Addiction Therapist

Offers Two New Therapy Groups  
For  
Compulsive Sexual Behavior



**Breaking Free of the Porn Trap**

Affairs  
Voyeurism  
Fantasy Sex  
Pornography  
Anonymous Sex



**Facing the Shadow**

Cybersex  
Masturbation  
Exhibitionism  
Paying for Sex  
Multiple Partners

Breaking Free of the Porn Trap: This group will be using the book, "The Porn Trap," by Wendy & Larry Maltz to resolve problematic pornography use. Mondays 7-8:30 pm

"Facing the Shadow: Starting Sexual and Relationship Recovery," by Patrick Carnes, will be used to help participants explore and resolve love and sex addiction issues. Wednesdays 7-8:30 pm

Both groups require a 12 week commitment and pre-group interview.

Therapist: Dr. Brady is a licensed Marriage and Family Therapist with over twenty-five years of experience working with recovery issues. She trained directly with Dr. Patrick Carnes to become a Certified Sex Addiction Therapist (CSAT). Dr. Brady provides consultation and training to treatment centers throughout the Bay Area, teaches at local universities, and offers counseling services through her San Jose office.

To Register: [docelaine@elainebrady.com](mailto:docelaine@elainebrady.com) or call 408-260-9305

Group Location: 4320 Stevens Creek Blvd., Ste 220, San Jose, CA 95129

Start Date: Groups cycle on a 12 week schedule

Fee: \$60 per session (pre-paid monthly), plus a pre-group interview charge of \$80

ElaineBrady.com